



Report Staff Development Programme on Emotional Intelligence

1. Title of the Event: Emotional Intelligence
2. Type of Activity: Skill development seminar
3. Date of Event: 12th April 2023,
4. Duration (in hours): 1:00 pm – 4:00 pm (3 Hrs)
5. Number of Participants: 19
6. Name of Resource Persons: Prof. Vidyavati Ramteke & Dr. Shaji Joseph (SCIT Faculty)
7. Objective: Managing One Self
8. Brief Report:

Emotional intelligence is the ability to identify and regulate one's emotions and understand the emotions of others. A high EQ helps you to build relationships, reduce team stress, defuse conflict and improve job satisfaction.

Emotional intelligence can assist in building stronger relationships, achieving success at workplace, and achieving one's career and personal goals. Also, it can help people to connect with their feelings, act on their intentions, and make informed decisions regarding their personal goals.

The purpose of this staff development session was to introduce staff members with the concept of Emotional of intelligence with a bit of theory and knowing and managing oneself by playing some group activities like "Introducing self with adjectives" and "Introduce your colleague through a story".



SYMBIOSIS CENTRE FOR INFORMATION TECHNOLOGY

Symbiosis International (Deemed University)

(Established under section 3 of the UGC Act, 1956)

Re-accredited by NAAC with 'A' grade (3.58/4) | Awarded Category - I by UGC

Founder: Prof. Dr. S. B. Mulimani, M. Sc., Ph. D. (Awarded Padma Shri and Padma Sri) by President of India



Celebrating 50 Years of Excellence

9. Mail communication:

4/15/23, 2:31 PM

Staff Development Programme SDP under QIC - infoofficer@scit.edu - scit.edu Mail

Staff Development Programme SDP under QIC



Apoorva Kulkarni

to:RC, 43

16:03:21, 5:49 PM

Dear Staff members,

Please note that under QIC, we are arranging the staff development program on 12th April 2023, Wednesday from 1 to 4 pm in EDP room(#108) on "Emotional Intelligence".

Please make yourself available for the same

Dr. Shaji and Prof. Vidyavati have graciously agreed to spare time and conduct the same

Thank You.

Apoorva Vikrant Kulkarni

UGC NET qualified

Assistant Professor

SCIT

a constituent of Symbiosis International Deemed University



<https://mail.google.com/mail/u/0/?tab=rm&ogbl#inbox/FMfcgzGslkqVLKCGGtKVJpxdTLRtLrV>

1/1

10. Geotagged Photographs:



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11. Attendance:

SYMBIOSIS CENTRE FOR INFORMATION TECHNOLOGY

Emotional Intelligence (SDP under QIC) 12.4.2023

Sr No.	Name	Designation	Signature
1	Savitha Nair	Admin Officer	Absent
2	Archana Pardeshi	Office Superintendant	Archana Pardeshi
3	Ritul Verma	Information Officer	Ritul Verma
4	Nishant Vanmane - Patil	P.A. to Director	Nishant Vanmane
5	Meghana Kulkarni	Accountant	Meghana Kulkarni
6	Uma Khapre	Sr Accounts Assistant	Uma Khapre
7	Atul Kaulkar	Sr Coordinator	Atul Kaulkar
8	Ekta Kulkarni	Sr Coordinator	Ekta Kulkarni
9	Sonali Shevate	Sr Coordinator	Sonali Shevate
10	Ketaki Borkar	Sr Coordinator	Ketaki Borkar
11	Anita Thomas	Coordinator	Anita Thomas
12	Kavita Pawale	Coordinator - Placements	Kavita Pawale
13	Pradnya Wable	Coordinator - Front Office	Pradnya Wable
14	Meghna Goswami	Coordinator	Meghna Goswami
15	Gajanan Gokhale	Sr Office Assistant	Absent
16	Prashant Bhagat	Network Engineer	Prashant Bhagat
17	Yogesh Sarwade	Network Administrator	Yogesh Sarwade
18	Mangesh Katke	IT Support	Mangesh Katke
19	Babruwan Dhurnal	IT Coordinator	Absent
20	Dnyaneshwar Parkhi	Library Incharge	Dnyaneshwar Parkhi
21	Ashok Kohok	Sr Library Assistant	Ashok Kohok
22	Mayur Patil	Library Assistant	Mayur Patil

Dr. Dhanya Pramod

Director SCIT

